

## Do you want to save time and money? Do you want to reduce your stress and frustrations? Do you want to get more done with less effort? GET ORGANIZED!

**Discarding Questions:** Yes = keep (put away) No = move to the next question

- 1. Do I love it or does it give me energy?
- 2. Do I use it regularly?
- 3. Is it recent enough to be useful?
- 4. Do I need it for legal or tax reasons?
- 5. How easy would it be to obtain again?
- Last but most important question <u>WHAT IS THE WORST THING THAT WILL</u> <u>HAPPEN IF I DON'T HAVE THIS?</u> If you can live with that answer than you can probably discard, toss, donate, destroy or shred.

Free up your time and space for the more important things in life...

Do you need or want more help?

Contact Cathy today to see how her services match with your needs.

- ✓ One-on-one coaching
- ✓ Strategy session
- Accountability partner
- 🖌 Hands on help

Cathy Sexton, Productivity Strategist & Coach 314-267-3969 Cathy@TheProductivityExperts.com

IGNITE YOUR PERFORMANCE